

## MSAD #54 Curriculum

Content Area: Physical Education  
Unit: Geocaching

Grade: 9-Diploma  
MLR Span: 9-Diploma

MLR Content Standard:

**H. Physical Fitness Activities and Knowledge: Students demonstrate and apply fitness concepts.**

**I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.**

Performance Indicator:

**H4 Physical Activity Benefits**

**I1. Cooperative Skills**

**I2. Responsible Behavior**

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p><b>H4. Physical activity and benefits</b></p> <p><b>Students explain the interrelationship of physiological responses and physical, mental/intellectual, emotional, and social benefits related to regular participation in physical activity.</b></p> <p><b>I1. Cooperative Skills</b></p> <p><b>Students demonstrate collaborative skills while participating in physical activities.</b></p> <ul style="list-style-type: none"> <li>a. Accept constructive feedback.</li> <li>b. Give constructive feedback.</li> <li>c. Include peers respectfully in activities.</li> </ul> <p><b>I2. Responsible Behavior</b></p> <p><b>Students demonstrate responsible and ethical personal behavior while participating in physical activities.</b></p>	<p>Students will:</p> <p>Use technology that supports collaboration, learning, and productivity.</p> <p>Demonstrate personal responsibility for lifelong learning.</p> <p>Exhibit leadership for digital citizenship.</p>	<p><b>Lesson 1</b></p> <p>Introduction to GPS units including terminology and navigation of unit features.</p> <p>Activity: Marking waypoints and locating on the GPS unit.</p> <p>Assessment: Formative</p> <p><b>Lesson 2</b></p> <p>Transfer of information from one GPS unit to another GPS unit.</p> <p>Activity: Practice for efficiency and familiarity of GPS unit.</p> <p>Assessment: Formative</p> <p><b>Lesson 3</b></p> <p>Hiding and marking a cache.</p> <p>Activity: Hiking to hide and mark the cache as a waypoint.</p> <p>Assessment: Observation of waypoint location on GPS.</p> <p><b>Lesson 4</b></p> <p>Participating in Geocaching.</p> <p>Activity: Students looking for other student's caches.</p> <p>Assessment: Final Test on terminology and benefits of teamwork.</p> <p>Resources: <a href="http://www.geocaching.com">www.geocaching.com</a></p>